

Moment in meditation with artist and curator @alfrednomad, guided ...

INSTAGRAM @alfrednomad United States, Los Angeles

Artist | Organizer Hip hop + Jazz influenced Art, Mental wellness & Community ?Performances • Talks • Programs ? Bookings & Collabs ??

|           |           |       |                 |                    |
|-----------|-----------|-------|-----------------|--------------------|
| 2,696     | 0         | 842   | 0.15%           | 0/100              |
| FOLLOWERS | FOLLOWING | POSTS | ENGAGEMENT RATE | SOCIALHIPPER SCORE |

Category

Art

Growth History (Last 30 Days)

| Date         | Followers | Engagement Rate | Avg Likes | Avg Comments |
|--------------|-----------|-----------------|-----------|--------------|
| May 18, 2026 | 2,696     | 0.15%           | 0         | 4            |

Recent Content Performance

| Type           | Posted       | Likes | Comments | Shares |
|----------------|--------------|-------|----------|--------|
| Video          | May 17, 2026 | 0     | 0        | 0      |
| Carousel_album | May 13, 2026 | 0     | 4        | 0      |
| Carousel_album | May 07, 2026 | 0     | 18       | 0      |
| Video          | Apr 18, 2026 | 0     | 1        | 0      |
| Video          | Apr 17, 2026 | 0     | 2        | 0      |

| Type           | Posted       | Likes | Comments | Shares |
|----------------|--------------|-------|----------|--------|
| Video          | Apr 15, 2026 | 0     | 4        | 0      |
| Video          | Jan 27, 2026 | 0     | 4        | 0      |
| Video          | Jan 23, 2026 | 0     | 0        | 0      |
| Video          | Jan 21, 2026 | 0     | 1        | 0      |
| Carousel_album | Jan 19, 2026 | 0     | 2        | 0      |
| Video          | Jan 17, 2026 | 0     | 2        | 0      |
| Video          | Jan 14, 2026 | 0     | 2        | 0      |

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Data is based on publicly available information and may not reflect real-time metrics.