

Le Refuge | Montreal Blogger

INSTAGRAM

@blog_le_refuge Canada, Montreal

Storyteller From Montreal Travels | Coffee | Food | Lifestyle ?? bloglerefuge@outlook.com ? En/Fr ?UGC creator
Links & blog posts ??

11,514	0	1,626	0.56%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Parenting

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 18, 2026	11,514	0.56%	53	11

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	May 17, 2026	30	8	0
Carousel_album	May 14, 2026	143	9	0
Video	May 11, 2026	35	10	0
Video	May 03, 2026	60	24	0
Carousel_album	Apr 28, 2026	0	8	0

Type	Posted	Likes	Comments	Shares
Video	Apr 23, 2026	51	8	0
Video	Apr 23, 2026	0	0	0
Video	Apr 22, 2026	71	6	0
Video	Apr 21, 2026	44	11	0
Carousel_album	Apr 20, 2026	0	9	0
Video	Apr 15, 2026	55	15	0
Video	Apr 13, 2026	50	10	0

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.