

Chef Troy Gardner

INSTAGRAM @cheftroyg United States, Dallas

Welcome to the Chef Troy Gardner page! Stay tuned for Pop-ups, Events, Classes, consulting + cool vegan happenings around the universe and beyond.

10,112	0	811	0.67%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Food

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 19, 2026	10,112	0.67%	66	2

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	Feb 06, 2026	6	1	0
Video	Jan 31, 2026	9	0	0
Image	Dec 10, 2025	21	0	0
Carousel_album	Dec 09, 2025	34	4	0
Video	Sep 30, 2025	379	23	0

Type	Posted	Likes	Comments	Shares
Video	Sep 25, 2025	33	4	0
Video	Sep 25, 2025	16	1	0
Video	Sep 22, 2025	50	3	0
Image	Jun 18, 2025	26	0	0
Video	Jun 17, 2025	43	3	0
Video	Jun 15, 2025	68	1	0
Image	Jun 09, 2025	94	3	0

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