

EMPOWER MENTORSHIP MARTIAL ART

INSTAGRAM @empowermma United States, Atlanta

DEVELOPING THE MIND, BODY, SPIRIT "EXCELLENCE OVER EVERYTHING" Building Tomorrows Champions Today!!!! Family Martial Arts School

1,426	0	1,145	0.56%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Art

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jun 01, 2026	1,426	0.56%	8	0

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	May 13, 2026	16	0	0
Video	May 03, 2026	9	2	0
Video	May 01, 2026	13	0	0
Image	Apr 28, 2026	9	1	0
Video	Apr 28, 2026	7	0	0

Type	Posted	Likes	Comments	Shares
Image	Apr 26, 2026	20	0	0
Video	Apr 23, 2026	3	0	0
Carousel_album	Apr 22, 2026	7	0	0
Video	Apr 22, 2026	4	0	0
Video	Apr 21, 2026	11	0	0
Video	Apr 19, 2026	9	0	0
Video	Apr 18, 2026	31	0	0

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Data is based on publicly available information and may not reflect real-time metrics.