

Founders Running Club Munich

INSTAGRAM

@frcmunich Germany, Munich

Munich FRC | @foundersrc Founders · investors · creators · tech folks ?? Saturdays 10:00 | @vits.coffee Led by @daria_nemtseva, @seekingconnection__

190	0	17	15.79%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Business

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 18, 2026	190	15.79%	29	1

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Image	May 10, 2026	28	1	0
Video	May 10, 2026	15	0	0
Carousel_album	Apr 12, 2026	32	1	0
Image	Apr 04, 2026	38	0	0
Carousel_album	Mar 14, 2026	34	1	0

Type	Posted	Likes	Comments	Shares
Carousel_album	Feb 21, 2026	33	0	0
Carousel_album	Jan 31, 2026	34	3	0
Carousel_album	Jan 24, 2026	59	2	0
Video	Oct 05, 2025	18	0	0
Carousel_album	Oct 01, 2025	40	4	0
Image	Sep 05, 2025	22	1	0
Carousel_album	Sep 01, 2025	36	2	0

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Data is based on publicly available information and may not reflect real-time metrics.