

SocialHipper

Influencer Profile Report · Generated July 18, 2026

Lizzie May

INSTAGRAM

@lizmayfit Indonesia, Jakarta

Train to improve. Not to prove. Hyrox Performance & Running Coach Building athleticism for the long term ?? JOIN NOW: 12 Week Hyrox Plan!??

162,308	0	1,171	0.88%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Fitness

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 20, 2026	162,308	0.88%	1,363	60

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	May 19, 2026	213	6	0
Video	May 18, 2026	756	2	0
Video	May 17, 2026	463	26	0
Video	May 17, 2026	438	223	0
Video	May 15, 2026	151	23	0

Type	Posted	Likes	Comments	Shares
Video	May 15, 2026	1,034	41	0
Video	May 14, 2026	1,764	36	0
Video	May 13, 2026	1,185	12	0
Video	May 12, 2026	756	33	0
Carousel_album	May 11, 2026	1,489	58	0
Video	May 10, 2026	1,750	52	0
Video	May 09, 2026	303	24	0

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.