

Men's Health Australia ??

INSTAGRAM @menshealthau Australia, Sydney

? Your go-to source for advice and inspiration on all things fitness, health, nutrition, sex and entertainment

131,394	0	8,355	0.87%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

AI & Machine Learning

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 19, 2026	131,315	0.87%	1,125	15
May 21, 2026	131,394	0.87%	1,125	15

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Carousel_album	May 19, 2026	118	0	0
Carousel_album	May 19, 2026	217	4	0
Image	May 18, 2026	87	5	0
Image	May 18, 2026	23	2	0
Carousel_album	May 18, 2026	194	1	0

Type	Posted	Likes	Comments	Shares
Image	May 15, 2026	259	4	0
Image	May 15, 2026	34	3	0
Carousel_album	May 14, 2026	570	20	0
Image	May 14, 2026	57	0	0
Image	May 14, 2026	3,998	68	0
Carousel_album	May 13, 2026	1,025	39	0
Image	May 13, 2026	153	15	0

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Data is based on publicly available information and may not reflect real-time metrics.