

SocialHipper

Influencer Profile Report - Generated June 04, 2026

Lisa Hampton

INSTAGRAM

@mindfulness United States, San Diego

267 followers · 362 following · 163 posts · @mindfulness: "Founder of Mindful Fitness - the San Diego-Based Leader of Mind-Body Programs since 1994"

0 FOLLOWERS	0 FOLLOWING	0 POSTS	0.00% ENGAGEMENT RATE	0/100 SOCIALHIPPER SCORE
-----------------------	-----------------------	-------------------	---------------------------------	------------------------------------

Category

Fitness

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.