

MyJyoti - The Home for South Asian Mental Health

INSTAGRAM

@my.jyotiii India, Delhi

Storytelling, education, support, media — all things mental health for the South Asian community ? Share your story/work and join our WhatsApp ??

749	0	153	10.28%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Health

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 18, 2026	749	10.28%	69	8

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Image	Apr 14, 2026	38	4	0
Image	Apr 06, 2026	23	5	0
Image	Apr 01, 2026	24	1	0
Image	Mar 27, 2026	25	6	0
Carousel_album	Mar 20, 2026	15	1	0

Type	Posted	Likes	Comments	Shares
Carousel_album	Mar 16, 2026	35	3	0
Carousel_album	Mar 04, 2026	82	17	0
Video	Feb 24, 2026	196	17	0
Carousel_album	Feb 17, 2026	167	10	0
Carousel_album	Feb 14, 2026	55	3	0
Image	Oct 20, 2025	21	0	0
Image	Oct 02, 2025	18	2	0

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Data is based on publicly available information and may not reflect real-time metrics.