

SocialHipper

Influencer Profile Report · Generated July 18, 2026

Phily Bowden

INSTAGRAM

@philybowden United Kingdom, London

Running, life & the messy middle 2:25 Marathoner • Running Coach @lululemon ?? YouTube: 841 Days to Become an Olympian

343,588	0	1,045	6.15%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Fitness

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 18, 2026	343,588	6.15%	20,962	170

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Carousel_album	May 16, 2026	8,277	117	0
Video	May 10, 2026	15,122	211	0
Video	May 08, 2026	5,574	69	0
Video	May 07, 2026	5,438	37	0
Video	May 05, 2026	6,442	71	0

Type	Posted	Likes	Comments	Shares
Video	May 03, 2026	5,866	65	0
Video	May 01, 2026	11,056	127	0
Video	Apr 30, 2026	2,497	33	0
Carousel_album	Apr 28, 2026	10,504	56	0
Video	Apr 27, 2026	43,456	245	0
Video	Apr 26, 2026	169,203	550	0
Video	Apr 25, 2026	19,276	183	0

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.