

# SocialHipper

Influencer Profile Report - Generated June 03, 2026

## Val Desjardins

INSTAGRAM

@pumpfitnessmtl Canada, Montreal

Strength and Conditioning Coach Founder/Owner @thestudiomtl Wellness and Health Contributor for @ellecanada. Investor @botabotamtl. TRAIN WITH ME ?? ...

<b>0</b> FOLLOWERS	<b>0</b> FOLLOWING	<b>0</b> POSTS	<b>0.00%</b> ENGAGEMENT RATE	<b>0/100</b> SOCIALHIPPER SCORE
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### Category

Health

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.