

# SocialHipper

Influencer Profile Report · Generated July 05, 2026

## Rowena Mittal, MS, PhD Yoga Teacher

INSTAGRAM

@rowenamittalyoga United States, San Francisco

Teaching 8-limbed yoga as life practice thru a biomedical, scientific lens & Indian-Chinese heritage. Plus self-myofascial release therapy. Begin today?.

<b>0</b> FOLLOWERS	<b>0</b> FOLLOWING	<b>0</b> POSTS	<b>0.00%</b> ENGAGEMENT RATE	<b>0/100</b> SOCIALHIPPER SCORE
-----------------------	-----------------------	-------------------	---------------------------------	------------------------------------

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.