

SocialHipper

Influencer Profile Report · Generated July 18, 2026

Sophie | The Healthness

INSTAGRAM

@sophie.healthness Germany, Munich

?Munich, Germany ?? info@thehealthness.com ? Probably in my bathrobe, eating breakfast and wearing a face mask

126,060	0	1,351	0.34%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Beverages & Cocktails

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 31, 2026	126,060	0.34%	419	7

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Carousel_album	May 30, 2026	1,314	125	0
Video	May 29, 2026	34	0	0
Video	May 29, 2026	829	0	0
Video	May 29, 2026	17	0	0
Video	May 29, 2026	21	0	0

Type	Posted	Likes	Comments	Shares
Video	May 29, 2026	18	0	0
Video	May 29, 2026	41	2	0
Video	May 29, 2026	30	0	0
Video	May 29, 2026	53	0	0
Video	May 29, 2026	13	0	0
Video	May 29, 2026	38	0	0
Video	May 28, 2026	1,444	5	0

This report was generated by SocialHipper — <https://www.socialhipper.com>

Data is based on publicly available information and may not reflect real-time metrics.