

Sophie Flügel | Koh Samui • Koh Phangan • Thailand Travel

INSTAGRAM @sophiegoestropical Thailand, Bangkok

? jungle girl with a healing nervous system ? learning how to soften again ? Travel Tips & Island Vibes since 2016 ? eBooks & recommended Tours ?

18,120	0	771	1.60%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Technology

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 31, 2026	18,120	1.60%	252	38

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	May 31, 2026	110	23	0
Carousel_album	May 25, 2026	121	33	0
Carousel_album	May 20, 2026	456	64	0
Video	May 12, 2026	221	32	0
Carousel_album	May 02, 2026	221	28	0

Type	Posted	Likes	Comments	Shares
Video	Apr 30, 2026	155	35	0
Carousel_album	Apr 21, 2026	434	60	0
Carousel_album	Apr 18, 2026	310	37	0
Video	Apr 16, 2026	179	32	0
Video	Apr 14, 2026	118	12	0
Carousel_album	Mar 22, 2026	301	34	0
Video	Mar 18, 2026	137	26	0

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