

Sydney Adams King

INSTAGRAM @sydneyadamssking Australia, Sydney

contact@tablerockmanagement.com LINKS + TRAINING PROGRAMS BELOW CPT & Pre / Post Natal Certified @1upnutrition code SYDNEY

416,501	0	1,270	8.35%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Art

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 19, 2026	416,501	8.35%	34,273	517

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Carousel_album	May 18, 2026	65,674	217	0
Video	May 17, 2026	16,667	318	0
Carousel_album	May 17, 2026	27,669	32	0
Carousel_album	May 16, 2026	41,070	88	0
Video	May 15, 2026	5,725	61	0

Type	Posted	Likes	Comments	Shares
Video	May 12, 2026	58,974	515	0
Carousel_album	May 11, 2026	75,434	773	0
Video	May 10, 2026	114,513	1,959	0
Video	May 10, 2026	159,332	5,586	0
Video	May 08, 2026	7,731	83	0
Video	May 08, 2026	3,833	44	0
Video	May 03, 2026	4,908	52	0

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Data is based on publicly available information and may not reflect real-time metrics.