

SocialHipper

Influencer Profile Report · Generated June 04, 2026

Ramese Marcel Long

INSTAGRAM

@theplateabreaker United States, Atlanta

7.9K+ followers · 424 posts · I help break fitness plateaus & unlock your Second Wind by using fitness as the foundation. Fitness • Mindset • Self Talk.

0 FOLLOWERS	0 FOLLOWING	0 POSTS	0.00% ENGAGEMENT RATE	0/100 SOCIALHIPPER SCORE
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Data is based on publicly available information and may not reflect real-time metrics.