

SocialHipper

Influencer Profile Report · Generated July 03, 2026

Hector “Thee Trainer” Regalado

INSTAGRAM

@trainwithhec United States, Chicago

Hec | Coach & Trainer I help people get in the best shape of their lives. 15+ years transforming mindsets & bodies
Apply for coaching / start here.

| | | | | |
|-----------------------|-----------------------|-------------------|---------------------------------|------------------------------------|
| 0 FOLLOWERS | 0 FOLLOWING | 0 POSTS | 0.00% ENGAGEMENT RATE | 0/100 SOCIALHIPPER SCORE |
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Data is based on publicly available information and may not reflect real-time metrics.