

Elizabeth Emery | Food Blogger - Vegan Recipes

INSTAGRAM @vancouverwithlove Canada, Vancouver

? Easy vegan recipes to help you eat better ???? Vancouver ??More recipes & listen to my @foodbloggerpro episode??

28,492	0	1,786	0.73%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Food

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
May 18, 2026	28,490	0.73%	149	59
May 20, 2026	28,492	0.73%	149	59

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Image	May 14, 2025	458	164	0
Carousel_album	Apr 16, 2025	389	189	0
Carousel_album	Mar 28, 2025	83	28	0
Video	Mar 14, 2025	96	32	0

Type	Posted	Likes	Comments	Shares
Video	Mar 03, 2025	79	44	0
Video	Feb 27, 2025	76	44	0
Video	Feb 19, 2025	110	45	0
Video	Feb 14, 2025	254	41	0
Carousel_album	Jan 30, 2025	127	16	0
Carousel_album	Jan 07, 2025	153	44	0
Carousel_album	Dec 20, 2024	160	46	0
Video	Dec 12, 2024	124	68	0

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Data is based on publicly available information and may not reflect real-time metrics.