

Trena+Wellness Influencer+Energy Healer+Soul Seer

PINTEREST

@trenaritz5 United States, Phoenix

Living Our Highest Best Lives! My greatest passion is helping others create a healthy, sustainable, mental atmosphere by applying the skills of self-regulation and self-empowerment, resulting in clarity, peace and whole Mind, Body, Soul restoration!

4	2	1	0.00%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Regional Comedy

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jul 08, 2026	4	0.00%	186	0
Jul 09, 2026	4	0.00%	226	0
Jul 10, 2026	4	0.00%	140	0
Jul 11, 2026	4	0.00%	189	0
Jul 13, 2026	4	0.00%	186	0
Jul 14, 2026	4	0.00%	182	0
Jul 15, 2026	4	0.00%	189	0
Jul 16, 2026	4	0.00%	189	0
Jul 17, 2026	4	0.00%	182	0
Jul 19, 2026	4	0.00%	182	0

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Pin	Jul 17, 2026	5	0	0
Pin	Jul 17, 2026	0	0	0
Pin	Jul 16, 2026	3	0	0
Pin	Jul 16, 2026	6	0	0
Pin	Jul 16, 2026	66	0	0
Pin	Jul 16, 2026	9	0	0
Pin	Jul 16, 2026	21	0	0
Pin	Jul 16, 2026	42	0	0
Pin	Jul 16, 2026	6	0	0
Pin	Jul 16, 2026	1,632	0	0
Pin	Jul 16, 2026	0	0	0
Pin	Jul 16, 2026	6	0	0

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Data is based on publicly available information and may not reflect real-time metrics.