

Keith Sarasin

YOUTUBE @chefkeithsarasin United States, Austin

Keith Sarasin is a renowned chef, culinary expert, and cookbook author who has dedicated over a decade to studying the art of Indian cuisine. With a deep passion for the food and culture of the Indian subcontinent, he has honed his skills through extensive research and study, working with top food researchers like Dr. Kurush Dalal, and celebrity chefs like Maneet Chauhan of the TV show Chopped & Tournament of Champions to expand his knowledge and abilities. The result is a unique and highly sought-after dining experience. Sarasin is the author of five cookbooks. In addition to his books, he is currently filming a documentary-style show, "Finding India," which chronicles his personal journey as a chef, from overcoming tragedy to rediscovering his passion for cooking. He is also a highly sought-after keynote speaker at prestigious events. ?? SUBSCRIBE to explore the culinary world of India with me!

83,000	0	143	3.11%	0/100
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Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jun 21, 2026	83,000	3.11%	2,027	86
Jun 23, 2026	83,000	3.11%	2,028	86
Jun 26, 2026	83,000	3.11%	2,030	86
Jun 28, 2026	83,000	3.11%	2,030	86
Jul 03, 2026	83,000	3.11%	2,033	86
Jul 04, 2026	83,000	3.11%	2,033	86

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jul 08, 2026	83,000	3.11%	2,036	86
Jul 09, 2026	83,000	3.11%	2,037	86
Jul 12, 2026	83,000	3.11%	2,040	86
Jul 17, 2026	83,000	3.11%	2,043	86

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	Apr 16, 2026	362	18	0
Video	Mar 12, 2026	39	15	0
Video	Feb 09, 2026	198	45	0
Video	Jan 09, 2026	638	92	0
Video	Dec 22, 2025	1,242	175	0
Video	Dec 09, 2025	1,215	128	0
Video	Nov 28, 2025	714	115	0
Video	Nov 17, 2025	3,001	63	0
Video	Nov 10, 2025	2,921	256	0
Video	Nov 03, 2025	3,137	74	0
Video	Oct 27, 2025	6,955	128	0
Video	Oct 23, 2025	14,517	266	0

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