

The Hunger Diaries TV

YOUTUBE @thehungerdiaries United States, Minneapolis

Hey, I'm Lindsay! I love food, and I want to show you how fun cooking (and eating!) can be. As a new mom and new resident of Colorado, I'm so excited to take you along on my journey to eat and cook indulgent, comforting, and nostalgic foods that are great for your soul, and good for your body too! I'm passionate about cleverly incorporating things like more protein, more fiber, and more nutrients in general into my cooking, and am also passionate about learning about, teaching, and appreciating what's in the food we're eating so food (especially demonized foods like cheese, pasta, etc) stops being scary and starts bringing you insane amounts of joy! No restricting the foods you love around here! Subscribe for the most deliciously indulgent home-cooked and travel eats, for life as a new mom juggling my cooking career, and for the best nutrition hacks out there!

342,000	0	605	4.58%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Food

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jun 26, 2026	341,000	5.18%	1,562	56
Jun 28, 2026	341,000	5.18%	1,500	56
Jul 03, 2026	342,000	4.86%	1,159	55
Jul 05, 2026	342,000	4.85%	1,166	55
Jul 08, 2026	342,000	4.82%	1,174	55
Jul 09, 2026	342,000	4.81%	1,176	55
Jul 12, 2026	342,000	4.76%	1,107	56

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jul 14, 2026	342,000	4.70%	1,050	54
Jul 17, 2026	342,000	4.62%	1,108	55
Jul 18, 2026	342,000	4.58%	1,121	55

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	Jul 13, 2026	1,011	6	0
Video	Jul 11, 2026	1,092	91	0
Video	Jul 01, 2026	555	9	0
Video	Jun 27, 2026	739	80	0
Video	Jun 13, 2026	554	57	0
Video	May 27, 2026	598	3	0
Video	May 26, 2026	582	17	0
Video	May 23, 2026	509	56	0
Video	May 19, 2026	1,285	22	0
Video	May 11, 2026	824	16	0
Video	May 09, 2026	632	84	0
Video	May 08, 2026	674	19	0

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Data is based on publicly available information and may not reflect real-time metrics.