

The Jess Nichole

YOUTUBE @thejessnichole United States, Miami

Welcome to my channel, where fitness meets empowerment! ??? I'm Jess, your personal trainer from Miami, Florida, here to inspire women with home workouts, yoga, and fitness tips. Whether you're a beginner or looking to level up, this channel is your go-to for health and wellness. Let's get strong, confident, and empowered—right from home! ????? Looking for personalized guidance? Check out ?jessrightcoaching.com! Whether you're a beginner or looking to take your fitness to the next level, my online coaching programs are designed to help you achieve your goals with customized plans, one-on-one support, and motivation every step of the way. Let's make your fitness journey empowering and effective! ? Explore fitness products at jessrightfitness.com. For collabs/business inquiries: ? jessrightfitness@gmail.com ? Subscribe for empowering workouts and tips tailored for women. Let's get fit and strong together! ?? www.youtube.com/@thejessnichole/tutorials?sub_confirmation=1

17,300	0	382	4.66%	0/100
FOLLOWERS	FOLLOWING	POSTS	ENGAGEMENT RATE	SOCIALHIPPER SCORE

Category

Fitness

Growth History (Last 30 Days)

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jul 06, 2026	16,900	3.82%	59	8
Jul 09, 2026	17,000	4.19%	81	9
Jul 11, 2026	17,100	4.24%	83	10
Jul 12, 2026	17,100	4.17%	85	10
Jul 13, 2026	17,100	4.42%	90	10
Jul 14, 2026	17,200	4.77%	106	11

Date	Followers	Engagement Rate	Avg Likes	Avg Comments
Jul 15, 2026	17,300	4.71%	110	11
Jul 16, 2026	17,300	4.72%	107	11
Jul 17, 2026	17,300	4.71%	108	11
Jul 19, 2026	17,300	4.66%	112	11

Recent Content Performance

Type	Posted	Likes	Comments	Shares
Video	Jul 18, 2026	45	2	0
Video	Jul 16, 2026	15	2	0
Video	Jul 12, 2026	519	27	0
Video	Jul 09, 2026	139	5	0
Video	Jul 05, 2026	560	19	0
Video	Jun 30, 2026	41	8	0
Video	Jun 27, 2026	128	27	0
Video	Jun 25, 2026	124	7	0
Video	Jun 22, 2026	37	10	0
Video	Jun 22, 2026	55	10	0
Video	Jun 20, 2026	54	11	0
Video	Jun 15, 2026	29	9	0

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Data is based on publicly available information and may not reflect real-time metrics.